

Catherine Campanaro

CELEBRANT



Drumming Events October & November 2024

Community Drum Circle

Monocacy Farm Project
395 Bridle Path Road
Bethlehem, PA



OUR LAST DRUM CIRCLE OF THE SEASON
WILL START AT 6:00, DUE TO SUNSET AT 6:20

Tuesday October 15th 6:00 – 7:00

Monthly drum circle held the third Tuesday
of each month – June through October.

*Free will offering— All proceeds go directly to support
the farm's mission of stewardship and care of the Earth,
fostering community involvement, providing educational
opportunities, and serving the needs of the poor.*

College Hill Moravian Church
72 West Laurel St.
Bethlehem, PA 18018



**Tuesday November 5th –
ELECTION DAY – NO DRUMMING**

We will be back on Tuesday, December 3rd

From Aging to Sage-ing

Based on the book by Zalman Schachter-Shalomi
and Ronald S. Miller

As we rejoin, we will be discussing: *Expanding Elder
Consciousness: Who am I as an older person?*

Monthly drum circle held the first Tuesday of each
month September through June.

Drum Circle with Cathy

Kirkridge Retreat Center
Bangor, PA



October's drumming will
take place at the Autumn
Camping Event at Camp Charles.

Saturday October 19th
3:00 to 4:00 pm @ Camp Charles

Saturday November 16th
3:00 to 4:00 pm @ the office or on the hill
weather permitting

[Register Here!](#)

Please see next page
for more events!

Fiddlehead Homestead Presents:

Community Drum Day

Sunday
October 20

Entry Fee is
No Charge
(Donations Encouraged)

Featuring:
11am Candyce Ourada/
Kathy Brown
1pm Nan Cardella
2:15pm Catherine
Campanaro
3:30pm Stephen Hoog
4:45pm Jim Davidson
6pm Jo Sieger

Potluck. Feed yourself then share
with others.
Bring drum blanket chair
to enjoy the event.
Some drums available.

Text:
+1484-554-2753

Learn some rhythms
Find your own
Attune to others
Bass slap tone

at 9043 Easton Rd, Ottsville
from 11:00am-7:00pm

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Drumming Events October & November 2024

Drumming Circle

The Zen Den, Jill's home studio
1911 Diamond Street Sellersville, PA

Monday, December 2, 2024 @ 6:30 pm

Being in alignment with the rhythms of life involves harmonizing with the natural cycles, energies, and flows that govern our existence, both internally and externally.



We will be drumming with the energy of the new moon. During our time together we will tune into nature's cycles, listen to our body's rhythms and cultivate a mindful presence to embrace the flow of the season's changes, setting our intentions to stay attuned to our goals and the rhythm of our life's journey. (*Djembe drums provided.*)

This drumming circle will be led by Catherine Campanaro.

\$30 each. To register please use Zelle (267-556-7038), Venmo (Jill-Suzanne-3) or send a check or cash ahead of time.

[Register Here!](#)

Winter Solstice Drumming and Sound Meditation

at Living Room Yoga, Emmaus
1328 Chestnut Street, Emmaus, PA, 18049 ([MAP](#))

Saturday, December 21, 2024
1:00 pm to 4:00 pm

Gather with us for drumming and a sound meditation to celebrate the start of the solar year. The Winter solstice is a celebration of Light and the rebirth of the Sun.

Drumming facilitated by Cathy Campanaro and sound meditation by Moe Jerant.

Please arrive by 5:45 pm to register and settle in.

- Drumming begins at 6:00 pm and sound meditation at 7:30 pm.
- Extra drums are available. ([Click Here](#))
- Comfort items are available to borrow.

[Register Here!](#)

Winter Solstice

**Saturday,
December 21st**

*We look forward to
drumming with you!*